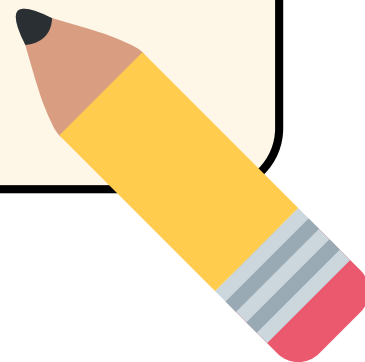


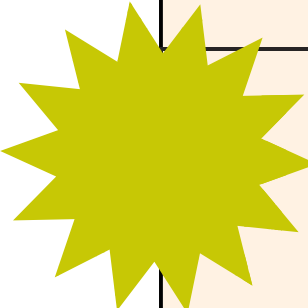


ESC TEAM COOPERATIVA ONE

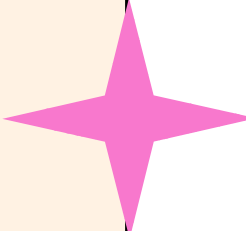
MARCH - MAY 2026

Crotone, Italy

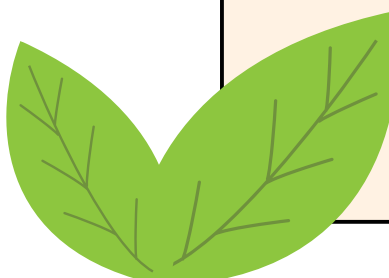




RISE is the title of a series of projects developed by Associazione Joint. RISE is part of the program European Solidarity Corps (ESC), **more specifically ESC Volunteering Teams in High Priority Areas (VTHPA)**. Volunteering Teams in High Priority Areas (VTHPA) are large projects enabling short-term, impactful volunteering to tackle key EU societal challenges. They promote solidarity by engaging youth and organizations in quality activities that strengthen cohesion, democracy, and citizenship in Europe. VTHPA focuses on priorities like including disadvantaged youth and improving waste management.



In Cooperativa One project, these principles support healthy living, assistance to people fleeing conflicts or disasters.






ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT




Associazione Joint is an association of social promotion from Milan, active since 2003, that offers international mobility and non-formal education opportunities to young people.

We specialize in projects related to non-formal education and intercultural learning mostly addressed to young people between 18 and 30 years old, trying to include participants with fewer opportunities.



Our main activities are related to Erasmus+: Youth Programme, financed by the European Commission whose objective is to promote education through low costs international mobility projects and to improve the skills of young people, organizations, and youth workers. In particular, we promote activities related to Erasmus+ Programme, such as: European Solidarity Corps (ESC), International Exchanges, Training Courses, Capacity Building and Strategic Partnerships, etc



Associazione Joint Milan, Italy

You can also check out information
here:

<https://associazionejoint.org/>

<https://youthforeurope.eu>



JOINT

ASSOCIAZIONE DI PROMOZIONE SOCIALE

WHO IS COOPERATIVA ONE?



One is a non-profit social cooperative based in Crotone. It was born after the positive **experience** made with the association Friends of German and the collaboration started in various sectors, especially in the **linguistic** and **cultural exchanges**. We operate in a territory in a process of development and where there is **64% youth unemployment**. Hence the desire to invest in the world of languages and cultural exchanges, to allow young people to have an extra **chance** to enter tomorrow in the world of work.



Cooperativa One 

Cooperativa One 



BASIC PROJECT INFO

WHEN: 22th March - 22th May 2026

ON ARRIVAL TRAINING: First three days

WHO: 18 volunteers aged 18-30

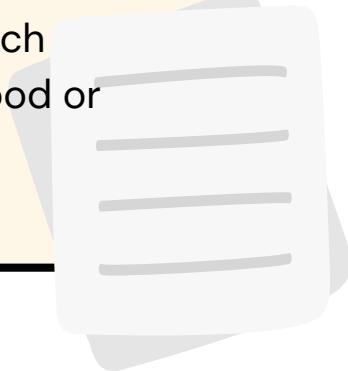
POCKET MONEY: 17€ per day (the travelling expenses are not included)

ACIVITIES: Volunteers will have activities 5 days per week for maximum 36 working hours per week.

DAYS OFF: Volunteers will have 2 days off per week.

VACATIONS: The project includes an additional 2 days of vacation per month, which will be combined with 2 free days in the middle and at the end of the project, so for better internal management, volunteers must leave the hostel.

MEALS: Breakfast (Italian sweet breakfast) + lunch + dinner. Lunch and dinner will be prepared by the volunteers. Any additional food or beverages will be at the volunteer's own expense.





PROJECT ACTIVITIES

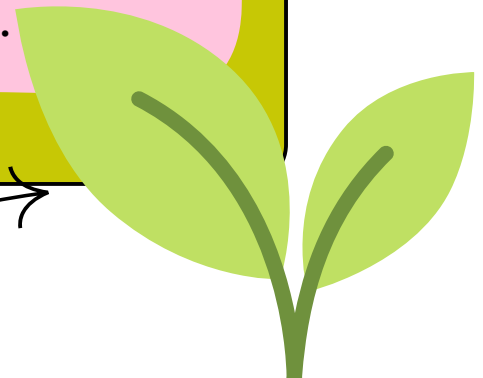
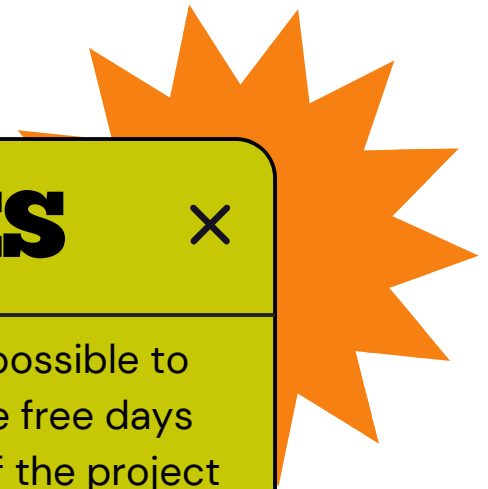
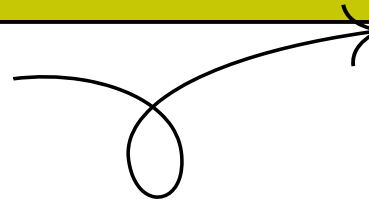


Volunteers will carry out activities 5 days a week, it is possible to have activities during the weekend, but in that case the free days will be moved to the following week. In the first 3 days of the project you will have on arrival training when you will learn more about the rules, volunteers, and tasks.

Please note that if you are working or studying and need to dedicate time to those commitments, you will not be able to join this project.

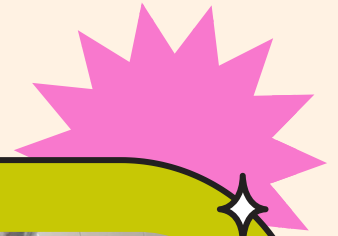
The project requires your full availability: activities may take place in the morning or in the evening, and you are expected to be flexible and present for the daily activities as well as for additional tasks during your free time when needed, time to rest and quality time together as a group.

Let's see the activities!





PROJECT ACTIVITIES



OSTELLO CASA DI CHIARA:

This will be the place where you will live for 2 months! Together we'll take care of it through maintenance, gardening and restauration activities.



COOKING TEAMS:

Each volunteer will take part of a cooking group to prepare the meals for the volunteers experimenting new dishes adopting healthy ingredients for a healthy lifestyle!



CANTEEN:

It's a place managed by volunteers that go in the canteen every day to prepare the lunch for people in need. So you will help them in the preparation and distribution of the food.





PROJECT ACTIVITIES



CAMPER DELLA SPERANZA "ON THE ROAD":

It's an organization that works in food recovery for people in need. You will help them in collect food from bakeries, pizzerias and families to distribute to people in need.



COOPERATIVA TERRE JONICHE:

It's an organisation that manage a place confiscated from mafia. In cooperation with "Libera" a national organisation, they carry on activities with students and volunteers to promote legality and help them in the management of the farm.




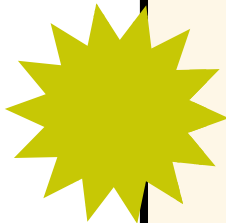
ASSOCIAZIONE AGORA':

It's an organisation that provides reception and integration of migrants, prevention and social services in disadvantaged neighborhoods and schools, and promotion of volunteering.



WORKSHOPS

- COMICS
- TRADITIONAL DANCES
- AMERICAN FOOTBALL
- CINEFORUM
- MINDFULNESS & NUTRITIONAL EDUCATION



OTHER INITIATIVES
PROPOSED BY THE
VOLUNTEERS



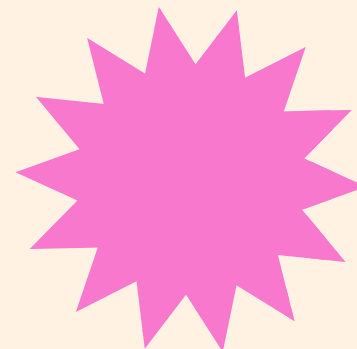


VOLUNTEER PROFILE

- AGED 18 TO 30;
- MUST BE RESIDENT OR CITIZEN OF AN EU COUNTRY;
- MOTIVATED AND EAGER TO LEARN;
- READY TO SHARE THE SPACES AND FOOD WITH THE TEAM;
- ADAPTABLE AND OPEN-MINDED;
- ABLE TO WORK IN A TEAM;
- RESPECTFUL OF COMMON RULES;
- OPEN TO PROPOSE WORKSHOPS IN RELATION OF THEIR INTEREST;
- AT LEAST INTERMEDIATE KNOWLEDGE OF ENGLISH.
- RACIST, SEXIST, FASCIST, HOMO-TRANSPHOBIC BEHAVIORS ARE NOT ACCEPTED NOR TOLERATED.



THANK YOU



Contact us to the email
apply.esc@associazionejoint.org



Co-funded by the
Erasmus+ Programme
of the European Union



EUROPEAN
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CORPS

