



EUROPEAN
SOLIDARITY
CORPS

ESC Experience in Spain

Volunteering:

the gift of time,

the power of change.

Where?



Extremadura

The activities of the project will take place in Plasencia, a city in the autonomous community of Extremadura, very close to Portugal.

Plasencia has a population of around 40,000 inhabitants. It is known for its well-preserved medieval architecture, including its historic walled city and iconic landmarks such as the Plaza Mayor and the Cathedral of Plasencia. The city serves as a cultural and economic hub in the region, attracting visitors with its rich history, charming streets, and vibrant atmosphere. It is surrounded with nature, with a natural park close by.

Plasencia and its Surroundings





When?

The activities will take place from 25th of June 2024 (arrival date is flexible) and will last for 10 months, starting from the arrival date.

Who?



Age Range: 18-30

Nationality: European or Legal European Residents

Interests: Erasmus+ Projects, Cultural Events, Sports Events, Youth Work, Non-Formal Education, Working with Kids and Youngsters with Mental Disabilities

Description:

Our ideal volunteer is a dedicated and enthusiastic individual between the ages of 18 and 30, hailing from any European country. He/She has a genuine interest in participating in Erasmus+ Projects, engaging in Cultural and Sport events, and advocating for Non-Formal Education.

Moreover, this volunteer demonstrates a passion for making a difference in the lives of others, particularly in working with children and youngsters with mental disabilities. He/She is compassionate, empathetic, and eager to offer assistance wherever needed.

Conditions

FOOD AND ACCOMMODATION



The volunteer will live in an apartment to be shared with other 4 volunteers, in the center of the city. The apartment includes: 1 kitchen, 1 living room, 5 bedrooms (each volunteer will have his/her own bedroom), 3 bathrooms and 2 balconies. The food money (150€/month) will be covered by the Host Organization Asociación Multideportiva Euexia.

WORKING HOURS



The volunteer will work 30-35 hours per week. He/she will have 2 consecutive free days per week + 2 free days per month.

POCKET MONEY



The volunteer will receive 6 euros per day of pocket money, paid in cash or by bank transfer by A.M. Euexia in the first 5 days of each month.



LANGUAGE SUPPORT

An Online Spanish Language Support is provided by the ESC Program.

LOCAL TRANSPORT



Any transport in connection with the project will be covered by the Host Organization A.M. Euexia. Furthermore, there are 3 bikes that the volunteers can use for work or for leisure time.

TRAVEL REIMBURSEMENT



Round Trip costs will be covered by the ESC + Programme, according to the distance in terms of kilometers.

Host Organisation: Asociación Multideportiva Euexia

Some of the Activities that you will do

Erasmus+ project writing (Youth Exchanges, Training Courses)

and supporting in holding Erasmus+ projects



Participating and holding Talks and Conferences on European Opportunities



Organising Intercultural Nights (in which we do activities with the local community related to a specific country)



Italian



French



Romanian

Activities with kids and youngsters with mental disabilities (Respiro Familiar). Some examples of activities: leisure time activities, sport activities, watching basket games, going to the cinema, going to the theatre, playing video games, playing board games, participating in local events that take place in Plasencia or nearby, marathon, events in Monfrague (a natural park nearby).

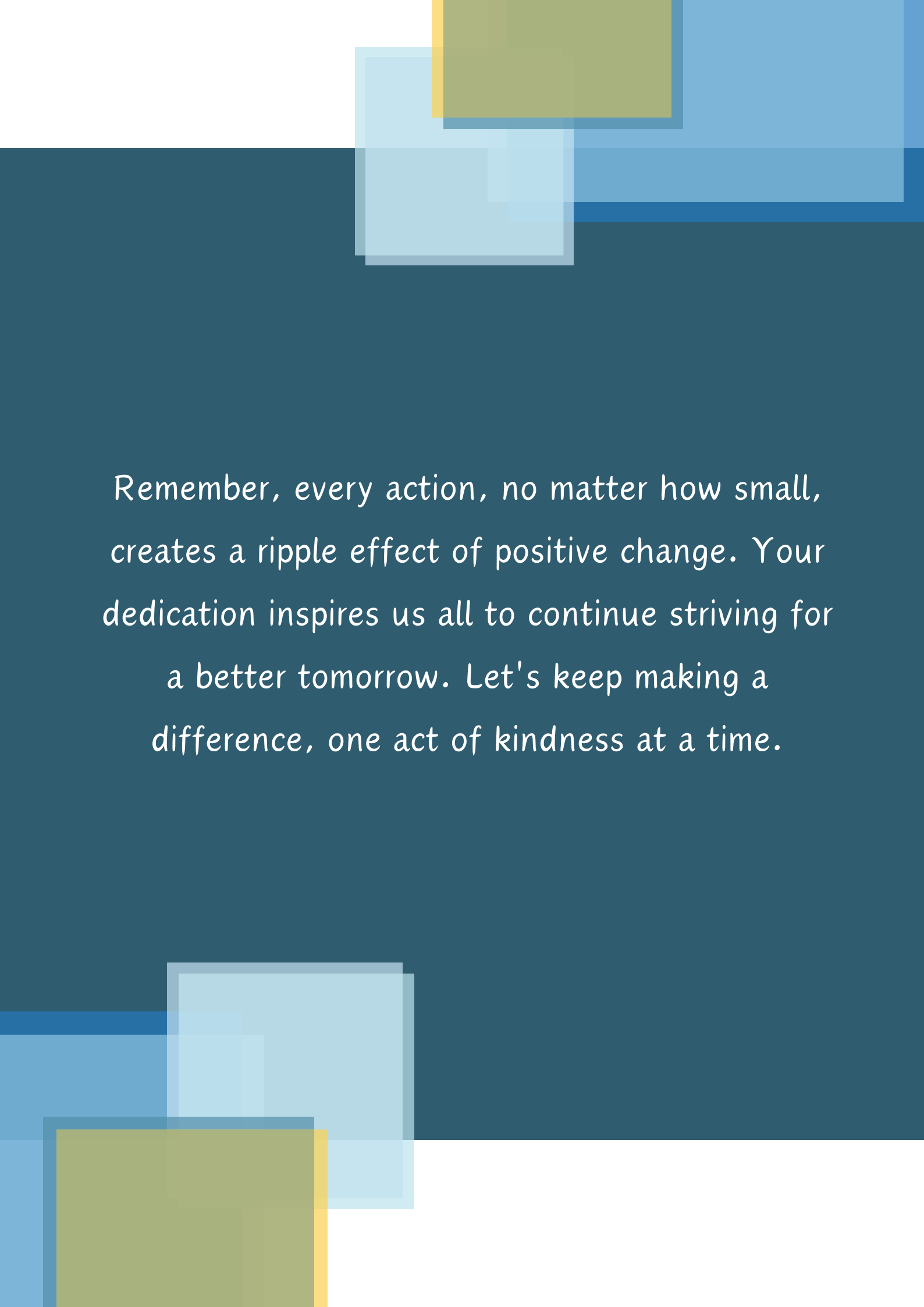


Other Activities:

- managing Social Media (Whatsapp, Facebook, Instagram) and the organisation's website
- “Días de Convivencia” (in which we gather together with people/volunteers and users from other projects and do activities together)
- commun project with the other volunteers (it is up to you what you want to do)
- personal project (you can organise a project by yourself related to your passions, hobbies and interests).

How do I apply?

Send an email to ces.ameuexia@gmail.com with the subject “ESC5 A.M.Euexia” with your CV and fill in this Google form: [link](#) (when ask to choose the host organisation in the form, choose A.M. Euexia)

The background features a dark blue gradient. In the top right and bottom left corners, there are decorative elements consisting of overlapping squares in light blue, olive green, and yellow. The text is centered in the middle of the page.

Remember, every action, no matter how small, creates a ripple effect of positive change. Your dedication inspires us all to continue striving for a better tomorrow. Let's keep making a difference, one act of kindness at a time.