



**EUROPEAN
SOLIDARITY
CORPS**

ESC Experience in Spain

The shelter of safety,
the hope of new beginnings.

Where?



Extremadura

The activities of the project will take place in Plasencia , a city in Extremadura, close to Portugal.

Plasencia has a population of around 40,000 inhabitants. It is known for its well-preserved medieval architecture, including its historic walled city and iconic landmarks such as the Plaza Mayor and the Cathedral of Plasencia. The city serves as a cultural and economic hub in the region, attracting visitors with its rich history, charming streets, and vibrant atmosphere. It is surrounded with nature, with a natural park close by.

Plasencia and its Surroundings





When?

We are looking for two volunteers and the activities will take place from either 1st of May or 26th of June (arrival date is flexible) and will last for 10 months, starting from the arrival date.

Who?



Age Range: 18-30

Nationality: European or Legal European Residents

Interests: Social Work, Charity Initiatives, Humanitarian Aid, Community Service, Working with Vulnerable Populations

Description:

Our ideal volunteer is a compassionate and committed individual between the ages of 18 and 30, from any European country. They are passionate about social work, engaging in charity initiatives, and participating in humanitarian aid activities that focus on helping vulnerable populations.

Additionally, this volunteer has a strong desire to improve the lives of those in need, particularly through community service and working with Caritas programs. They are selfless, reliable, and eager to offer their time and skills to make a positive impact. Their commitment to charity and humanitarian aid reflects their dedication to creating a more just and supportive community for all.

Conditions

FOOD AND ACCOMMODATION



The volunteer will live in an apartment to be shared with other 4 volunteers, in the center of the city. The apartment includes: 1 kitchen, 1 living room, 5 bedrooms (each volunteer will have his/her own bedroom), 3 bathrooms and 2 balconies. The food money (150€/month) will be covered by the Coordinating Organization Asociación Multideportiva Euexia.

WORKING HOURS



The volunteer will work 30-35 hours per week. He/she will have 2 consecutive free days per week + 2 free days per month.

POCKET MONEY



The volunteer will receive 6 euros per day of pocket money, paid in cash or by bank transfer by A.M. Euexia in the first 5 days of each month.



LANGUAGE SUPPORT

An on-line Spanish language course is provided by the ESC Program.

LOCAL TRANSPORT



Any transport in connection with the project will be covered by the Organization A.M. Euexia. Furthermore, there are 3 bikes that the volunteers can use for work or for leisure time.

TRAVEL REIMBURSEMENT

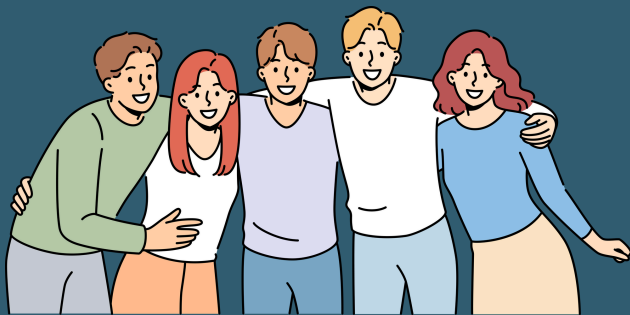


Round Trip costs will be covered by the ESC + Programme, according to the distance in terms of kilometers.

Host Organisation: Caritas

Some of the activities that you will do as a volunteer

Companionship of the users



Clothing Donations: Assist in collecting, sorting, and distributing clothing to individuals and families.



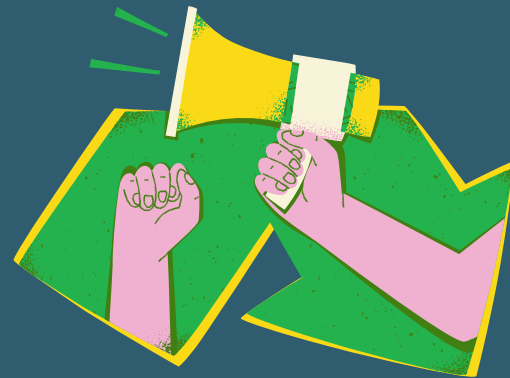
Educational Programs: Participate in educational or skill-building programs. Volunteers can help with literacy classes, language courses, job training, or workshops on financial literacy and personal development.



Food Distribution



Community Outreach: Engage in outreach activities to connect with the community and raise awareness of Caritas services. Volunteers can distribute informational materials, assist with community events, or conduct surveys to assess local needs.



Mentorship and Support: Provide emotional support and guidance to vulnerable individuals. This can include mentoring youth, spending time with elderly clients, or offering a listening ear to those seeking comfort.




Other Activities:

- “Días de Convivencia” (in which we gather together with people/volunteers and users from other projects and do activities together)
- commun project with the other volunteers (it is up to you what you want to do)
- personal project (you can organise a project by yourself related to your passions,hobbies and interest).

How do I apply?

Send an email to ces.ameuexia@gmail.com with the subject “ESC5 Caritas” with your CV and fill in this Google form: [link](#) (when ask to choose the host organisation in the form, choose Caritas)



Remember, every small act of kindness has the potential to create a ripple effect of positive change. Your commitment to volunteering with vulnerable people through Caritas is a testament to the power of compassion, inspiring all of us to work towards a better and more equitable world.

Let's keep spreading hope and making a difference, one thoughtful action at a time.

