

INFO PACK

Training Course

Boost up: Improving competences of youth worker for social inclusion of People with Disabilities

2020-3-IT03-KA105-02025

16 to 23 July 2021

SUMMARY OF THE PROJECT:

Living in a community does not imply being socially included. Social inclusion means that people have a sense of belonging and acceptance within their communities, and that they can actively participate in community life and that their roles are appreciated. However, nowadays, there are a large number of people with special needs who do not have this "sense of belonging" and do not have opportunities to access the activities they prefer; to learn or develop relationships with others and work.

The project stems from the common desire of the partners of this project to offer their youth workers knowledge and skills to work in the youth field for the social inclusion of people with disabilities in order to give them the opportunity to involve more in society and interact with each other despite their disabilities.

The idea of our project is closely linked to Article 8 section 2.b of the United Nations Convention on the Rights of Persons with Disabilities: promoting awareness-raising programmes on people with disabilities and the rights of persons with disabilities.

The aims of the project “**Boost up: Improving competences of youth worker for social inclusion of People with Disabilities**”:

- Give participants the opportunity to acquire the right terminology in the field of disabilities in order to work correctly with the final target group;
- Know EU legislation on people with disabilities;
- Explain disabilities from different perspectives, depending on the type of disability and communication methods;
- Let participants share their countries' experiences of disability, push factors and attraction;
- Shed light on the treatment of people with disabilities based on their difficulties in order to explain the reasons behind these treatments;
- Understand that people with disabilities are not only looking for help, but individuals who can provide and improve their environment;
- Discover different non-formal education approaches in order to support young people to effectively use non-formal education in local contexts for the integration of people with disabilities;
- Learn international signs in order to communicate with S/deaf people;
- Promotion of social inclusion;

Financing Rules

FINANCING RULES:

Accommodation, meals and working materials are provided by the organisers.

Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provide by the EC (see the Travel costs max reimbursable below).

TRAVEL COSTS MAX REIMBURSABLE

COUNTRY	DEPARTURE CITY	PARTICIPANTS	MAX REIMBURSABLE
Italy	Pianezza	7	0€
France	GERZAT	3	180€
Luxembourg	Esch-sur-Alzette	3	275€
Poland	Katowice	3	275€
Slovenia	Ljubljana	4	275€
Spain	Reus	3	275€
Greece	Patra	4	275 €

For further information about reimbursement, check Travel Reimbursement Rules page.

TRAVEL DETAILS

The ARRIVAL Day is Friday 16th July 2021. **Be in Pianezza before 19.00.**

The DEPARTURE Day is Friday 23th July 2021.

It is not possible to arrive later than 16th July and depart before 23th July 2021.

Please note that according to Erasmus+ guide the participants need to START and END their travel from the city/town where the organization seats (see the Departure City table). In case of different departure city, this change must be motivated.

Extra-days: following the guidelines of the Erasmus+ programme the travel must be realised by the participants in proximity to the project's dates (the travel cannot start before 16th July, and the return flight cannot end after 23th July 2021)

In case of longer stays the travel might not be reimbursed.

Food and accommodation for extra-days will not be covered by the organizers.

HOW TO GET TO TURIN:

1. Flight

The main and better-connected airports to Turin in Italy are Torino Caselle and Milan.

- www.aeroportoditorino.it/it
- www.milanomalpensa-airport.com/it/

2. Train

For those landing in Turin airport

To guarantee the connection with the city centre, GTT has set up the shuttle bus service called "SF2", which will connect the Venaria station with Turin Porta Susa station and will in fact replace the Dora Express shuttle, previously in service.

For those landing in Milano airport

TO/FROM MILANO CENTRALE

Departures from Milano Centrale railway station: first ride at 5:25 a.m., last ride at 10:25 p.m. Trains scheduled every 30 minutes.

Departures from Malpensa Terminal 1: first ride at 4:57 a.m., last ride at 11:27 p.m. Trains scheduled every 30 minutes.

Rides to and from Milano Centrale railway station stop at Milano P.ta Garibaldi railway station.

Time travel: 54 minutes between Centrale and Malpensa Terminal 1

And then from Milano Centrale you take a train to Torino Porta Susa (www.trenitalia.com)

3. Bus

For those landing in Turin airport

The [ARRIVA SADEM](#) bus service connects directly the city centre of Turin to Torino Airport.

The Express bus will see departures every half hour, at 0' minutes and at 30' minutes, from Monday to Friday.

On weekends, the frequency of direct races will be every hour, starting at 30' minutes.

Journey time: About 30 minutes.

For those landing in Milano Malpensa airport

Malpensa Airport – Torino

**NEW BUSES – NEW COLORS – NEW WiFi SERVICE:
SAME PRICE AS ALWAYS!**

The connection between the centre of Turin and the Milan Malpensa airport is guaranteed with a service operating 18 hours a day with 15 pairs of trips.

STOPS: TURIN Bus station – c.so Bolzano ang. Via Grattoni, c.so G. Cesare ang. p.le Autostrada (bus stop on the cross road in front of Centro Commerciale Porte di Torino-Conad), CHIVASSO CENTRO (A4 toll booth), CARISIO (bus stop on A4), MALPENSA OVEST (Terminal 1).

Currently there is no stop at MALPENSA NORD (Terminal 2).

FREQUENCY: The service is carried out every day of the year except 25 December.

LUGGAGE: free transport of 1 suitcase whose dimensions (length + width + depth) do not exceed 160 cm and 1 hand luggage max 115 cm (max 10 kg) is authorized. Any baggage with dimensions greater than those foreseen or any additional package to the aforementioned, can be accepted only at the start of the race, (subject to availability in the luggage boxes). The acceptance of excess baggage is subject to

the payment of € 9.00 each piece. The baggage is not insured and travels at the passenger's own risk.

RESERVATION REQUIRED:

directly online, by connecting to [estore Arriva](#)

Emergency contacts

For any communication you can contact us to the number: +39.340 400 0619

WHAT TO PREPARE:

- Fill in the application form (all participants) - <https://x2xpwktc4sd.typeform.com/to/LnQIKUNV>.
- Prepare a presentation about the country.
- Prepare some energizers/ team building games.
- Bring some national food and drinks for the intercultural evening.

WHAT TO BRING:

- Clothes suitable to the weather conditions in Italy and personal hygiene items.
- Please bring at least one computer per national team.
- Any medicine you think you will need during your stay.

ACCOMMODATION:

The project will be held in Villa Lascaris (www.villalascaris.it) in Via Lascaris 4 10044 Pianezza (TO), two participants of the same sex will share one room.

The hotel provides full board (including coffee breaks), towels and bed linen.

We strongly recommend participants to inform the organisers about any special needs such as dietary, vegetarian or any other kind of special needs.

HOW TO GET THERE

By car: Tangenziale NORD 2nd exit COLLEGNO/PIANEZZA, Tangenziale SUD exit COLLEGNO/PIANEZZA.

Continue on the SS. 24 to Susa. After exiting the ring road, at the 5th traffic circle, take the 2nd exit and follow the signs for Villa Lascaris.

By public transport: From Turin, Porta Nuova and Porta Susa stations, with the subway to the terminus (Stazione Fermi) from there with the bus CP1 (stop Don Minzoni), continue on foot for about 500 meters towards the city center. We are next to the parish church Ss. Peter and Paul.) From C.so Tassoni ang. C.so Regina Margherita with the bus 32 (bus stop Don Minzoni, walk about 500 meters towards the city center. We are next to the parish church Ss. Pietro e Paolo.)

TRAVEL REIMBURSEMENT RULES

Travel reimbursement criteria:

- Most economical criteria: you have to find the most economic transport fares.
- Taxi will be reimbursed only in particular cases to be agreed with us in advance.
- It is not possible to arrive later than 16th July and depart before 23th July 2021.
- Extra-days: following the guidelines of the Erasmus+ programme the travel must be realised by the participants in proximity to the project's dates (the travel cannot start before 16th July, and the return flight cannot end after 23rd July) In case of longer stays the travel might not be reimbursed.
- Maximum Reimbursable limit: each country has a budget limit reimbursable, please, check it in the respective section of this infopack.
- Please note that according to Erasmus+ guide the participants need to START and END their travel from the city/town where the organization seats (see the

Departure City table). In case of different departure city, this change must be motivated.

Flight reimbursement:

To obtain the reimburse of your flight you need to keep all your boarding passes and provide an invoice from the Travel Agency / Flight Company that must contain the following data:

- Must be clearly written in English and not handwritten.
- There must be written "paid".
- Date, place, and number of the Invoice.
- The name of the passenger.
- The full details of the flight (departure/destination and travel days).
- The total amount of the flight.

We will not assure the reimbursement if the invoice does not contain all the elements.

Tickets (bus, train):

They can be reimbursed only if they are legally valid documents.

They must clearly contain the price and the dates. If those info are missing, please, ask to the responsible of the service to add it and put their stamp to validate it.

Reimbursement:

Only original tickets and flight complete with boarding pass will be reimbursed. Please keep all the bus, train, and airplane tickets, including boarding pass as well. Expenses will be calculated in Euro and the reimbursement will be paid in Euro. Reimbursement will be done by bank transfer after receiving the original tickets and boarding passes by post: (We suggest you scan them before to send them to us.)

Associazione Ergon a favore dei Sordi
Viale San Pancrazio 65,
10044, Pianezza (TO)
Italy

**Lost or missing tickets will not be reimbursed.
Reimbursement goes to the sending organization.**

INTERCULTURALITY

During our programme, to share delicacies and stories from our countries, we are going to use the coffee breaks of our programme to share with each other's something from our homes.

Every country is going to use the time of each coffee break to share with the others part of their culture. For this, we ask you to bring something from your country that can be served next to a cup of coffee or tea.

Additionally, you can have with your flyers or anything else you think can share with the rest of the participants part of where you are coming from.

INSURANCE

Insurance is not provided and will not be reimbursed by the organizers.

All participants are obliged to purchase private travel insurance.

All EU residents should obtain European Health Insurance Cards (EHIC) before the exchange. This is obligatory for your safety and health.

THE TEAM



Andre Ebouaney



Antonela Kotsoni

